



## DATES FOR YOUR DIARY

Please see page 2

### Principal:

Nina McCabe

### Deputy Principal:

Sarah Harris

### Executive Teacher:

Kirsty Stewart

### Executive Teacher:

Nicole Merchant

### Preschool Teacher:

Susan Jones

### Business Manager:

Gaye Broad

### School Secretary:

Karen Stone-Tolcher

### IEC Office:

Pansy Sung

### P&C President:

Kate Diggle

### Board Chairperson:

Tony Cox

# Hughes News

TERM 3 ISSUE 2

6 August 2021

*Hughes Primary School acknowledges the Ngunnawal People, the traditional owners and custodians of this land.*

## Principal's Message

Dear Parents and Carers,

What an AMAZING **Athletics Carnival** we had yesterday! The weather was stunning, as was the sporting pride, enthusiasm, energy of our staff and parent volunteers and participation of students. Given we were unable to have an athletics carnival last year due to COVID, I was overjoyed that we had such a positive, fun experience yesterday. I want to thank Nicole Merchant (Executive Teacher Years 3-6), Luke McKay (Youth Worker) and our Sports Committee for their coordination, and to our parent volunteers – we would not have been able to manage the day so successfully without you! Check out a sample of photos from yesterday on page 4 of the newsletter. We will organise the awarding of sporting ribbons in the next fortnight to be presented at school.

In more positive news, our **multipurpose sports court will be completed within the next fortnight!** I am so pleased as it is very important to us as a staff that our Year 6 students who fundraised so enthusiastically for our Slime Spectacular will have ample opportunity to use this space before they graduate at the end of the year. The sports court features permanently erected netball and basketball hoops, and portable soccer, cricket and tennis set ups. Huge thanks to the community for getting behind us and supporting us with this initiative – the court has completely transformed the space behind the library and all trees that were removed during the construction of the court have been successfully replanted around our school grounds. The recent days of rain have greatly assisted in these trees thriving in their new spots! I will work with our student leaders to plan a celebratory whole school official opening ceremony for this space.

Whilst August is still a cold month in Canberra, ultraviolet radiation (UV) levels begin to rise to levels that warrant sensible sun protection, for at least part of the day. "When UV levels reach 3 and above, a combination of sun protection behaviour is required to protect against skin damage that can contribute to skin cancer later in life. The higher the UV level, the quicker unprotected skin can damage, sunburn or no sunburn" (ACT Cancer Council, 2021). Please send your children to school with a **Sun Smart hat** otherwise they will be required to play in the shade.

We have had several queries from parents lately relating to **bringing in birthday cakes to share**. The ACT Health guidelines for schools state that food can be shared at school however servings should be individually served by a teacher or adult using clean cutlery such as tongs, and hygiene measures such as handwashing before and after eating should occur. If your child is having a birthday, cupcakes or other individually portioned items are the easiest way for teachers to hygienically distribute the treats to the class. However slices of cake are also fine. If you are looking for a healthy alternative, fruit skewers or slices of watermelon are a great choice. Please don't send lolly pops.

**The ACT Government requires that if your child has any kind of illness, even just a runny nose, they must not come to school.** If a child in an ACT public school is unwell, their parents will be asked to collect them. We are extremely appreciative of the many parents who have kept their children at home or have collected them as soon as we have called. We ask everyone to respect the ACT guidelines. The other thing to keep in mind is that lots of coughing and runny noses in a classroom results in sick teachers,

Be Kind & Try Your Best, Be Safe, Be Respectful, Be A Learner

Groom Street HUGHES ACT 2605 Phone: 6142 0730

[www.hughesps.act.edu.au](http://www.hughesps.act.edu.au)

Email: [info\\_hughesps@ed.act.edu.au](mailto:info_hughesps@ed.act.edu.au)

## Principal’s Message continued

who must then take leave. This is not good for consistency of teaching and learning for your children. Unfortunately all Canberra schools are facing a significant shortage of relief teachers. I do want to acknowledge the work of the leadership team who have been covering relief situations across our school whenever possible. If your child is experiencing symptoms related to asthma, a post viral cough or an allergy, he/she can continue attending school, provided we receive a doctor’s confirmation in writing. There may be times when children report feeling unwell because of other factors: for example they may be anxious because their teacher or best friend is away. If you think this is the case please let the front office or member of the leadership team know. We can work on a supportive solution with you that means your child does not miss out on school unnecessarily.

We still have limited seats available for **Tuesday night’s parent workshop on Cyber Safety** in our school library. You need to book through Eventbrite and we ask that you do not bring children to this session (see note on page 3). We had a number of parents participate in the recent workshops by Steve Biddulph on *Raising Boys* and *Raising Girls* and found these to be especially valuable – huge thanks to Clyde D’Rosario for organising this for our community.

**We remain extremely grateful that it’s business as usual with lots of dynamic activities planned for this term** (including Years 3 & 4 Camp in Week 8 - notes went home on Monday). Our thoughts are with our teaching colleagues and communities across Australia who due to the pandemic, have had their school term significantly disrupted. Even school photo day last Thursday brought with it a sense of extreme gratitude that we were able to capture class cohorts and provide photos for families.

Warm regards  
Nina McCabe  
Principal



**Please note the School Satisfaction Survey information on page 8.**

### AUGUST

Tuesday	10	ThinkUKnow Cyber Safety Parent Workshop, Library 6.00pm
Wednesday	11	Year 5 Combined Band
Monday	23	Book Character Parade (please note change of date)
Tuesday	24	ThinkUKnow Cyber Safety Workshops Years 3/4
Wednesday	25	CEIS

### SEPTEMBER

Wed-Fri	1-3	3/4 Camp
Mon-Fri	6-10	Book Fair
Tuesday	7	Owls excursion
Thursday	9	Butterflies excursion
Friday	10	School Disco
Saturday	11	P&C Trivia Night
Thursday	16	Whole School Variety Show

Weeks 9 and 10 Family Invitations to Learning Journeys

**Friday 17 Last day of Term 3**



# Hughes Primary School

*Learning for Life*



Groom Street Hughes ACT 2605  
Telephone: 02 6142 0730  
E-mail: [info\\_hughesps@ed.act.edu.au](mailto:info_hughesps@ed.act.edu.au)  
Website: <http://www.hughesps.act.edu.au>



## ThinkUKnow Cyber Safety Parent Presentation Tuesday 10 August 2021

Hughes Primary School will be hosting a ThinkUKnow Cyber Safety parent presentation on **Tuesday 10 August at 6.00pm in the school library**. Please note the presentation is for parents and carers only and is not suitable for children due to the nature of the topics discussed (workshops for students Years 3-6 will be held during class time). The session will run for approximately 60 minutes with extra time afterwards for questions and further discussion.

ThinkUKnow Australia is an evidence based education program delivered nationally to prevent online child sexual exploitation.

The presentation will be delivered by a local law enforcement member and an industry volunteer. The presentation is pro-technology and addresses topics including self-generated online child sexual exploitation material, online grooming, image-based abuse, sexual extortion, and importantly encourages help seeking behaviour.

This is a fantastic opportunity for you to learn more about young people and the online environment, and how you can help them to be safe and responsible users of technology.

For more information, you can visit [www.thinkuknow.org.au](http://www.thinkuknow.org.au). **Due to COVID restrictions, we need to cap tickets to one ticket per household and you must register through EventBrite.**

<https://www.eventbrite.com.au/e/thinkuknow-cyber-safety-parent-presentation-tickets-164797366359>

Once we reach a maximum of 75 participants, the session will be full so if you are keen, register quickly.

Nina McCabe  
Principal  
26 July 2021






2021



# Athletics Carnival

Hughes Primary - Clubs: Updated 29 June 2021

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Before school (8:30 - 9:00)		 <p>Choir (Hall)</p>			
Lunch (11:10 - 11:50)	 <p>Gardening (Garden)</p>  <p>Year 3/4 Shine (Mrs V's Room)</p>  <p>Sustainability Squad (5J)</p>  <p>Table Tennis (Hall)</p>	 <p>Just Dance (3P)</p>  <p>Writing/quiet activities (Library)</p>  <p>Junior Soccer (Bimberi)</p>	 <p>Year 5 Band (Hall)</p>  <p>Aussie Rules (Franklin)</p>  <p>Kahoot! (Library)</p>  <p>STEM (Library)</p>	 <p>Chess/quiet activities (Library)</p>  <p>Gardening (garden)</p>  <p>Year 5/6 Shine (Mrs V's Room)</p>  <p>Lego (1B)</p>	 <p>Coding club (Franklin breakout)</p>  <p>Year 6 Band (Hall)</p>  <p>Kindy Corner (Kindy courtyard)</p>
Recess (1:15 - 1:40)	 <p>A&amp;TSI Culture (Library)</p>	 <p>Kindy Corner (Kindy courtyard)</p>			



Come and BUILD YOURSELF at Two Sheds Workshop, Woodwork for Women and Kids.

Places still available in Kids classes on in Wanniasa.

Build your own projects and build skills for life.

GO TO

[www.twoshedworkshops.com.au/workshops-and-classes/](http://www.twoshedworkshops.com.au/workshops-and-classes/)



artKids



After-school art and drawing class Hughes Primary kids, K-2 and Yr 3-6, on Thursday, 3 - 5 pm. Kids met on site and walked next door



Our artKids classes build creative confidence through learning skills and techniques in drawing, painting, sculpting and collage, and exploring art mediums. We offer a fun, supportive environment where there are no such things as mistakes or 'flops' in art, only 'flopportunities'! Fees are \$38 per session, payable by term, and includes all materials, afternoon tea and GST. A one-off paid trial class is available. Split age classes now running. \* Kindy kids must trial.

Book at [www.enrolmy.com/artkids](http://www.enrolmy.com/artkids)  
[www.artkidscanberra.com](http://www.artkidscanberra.com)

admin@artkidscanberra.com or 0405 014 180

Book now!

**GSharp**  
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GUITAR TUITION  
AT SCHOOL

Gianni Kerswell  
M 0421 154 562  
E [gsharpguitar@hotmail.com](mailto:gsharpguitar@hotmail.com)

GSharp Guitar tutors have current WVP cards for the ACT and are police checked.

Thank you so, so, so much for last Sunday, and for teaching us all about what is on the road ahead of us. I loved what we made together, and I loved the way you described things in great detail. The workshop was great fun, I can't describe how much!  
— *Jasmin, 11*

It was such a delight to share Celebration Day for Girls with my beautiful girl and feeling a new dimension emerge in our relating since. So lovely!  
— *Lisa*

Since Celebration Day Sophie has been so chatty and open—asking questions and talking about the changes and experiences of puberty. I'm so pleased.  
— *Karen*

In 2000, Jane Bennett launched Celebration Day for Girls. Its popularity has seen it spread internationally with over 100 trained facilitators in 11 countries. Several thousand mothers and daughters have benefited from Celebration Day.

Celebration Day for Girls™



Do you remember what your first period was like? How would you like this experience to be for your daughter?

Celebration Day for Girls is a one day mother-daughter workshop that prepares your daughter for puberty and menarche (a girl's first period).

Celebration Day supports girls to have a positive outlook towards how they look, think and feel at this stage of their lives. Empowering them to be happier, more resilient and confident young women.

**Sunday 29 August, 10- 4pm**  
Mothers preparation session: Friday 27 August, 7-9pm  
Cost: \$195 per mother/daughter pair  
Venue: 9 Stone Place, Garran  
Bookings: <https://www.trybooking.com/BPKYW>



Julia Dendrinis  
0407 661 676  
[julia@grapevine.com.au](mailto:julia@grapevine.com.au)  
Julia is a Yoga Teacher and Naturopath. She owns Garran Yoga Studio, which offers small, personalised classes. Her special interest is women's health and wellbeing.

Educating and Empowering Girls  
[www.juliadendrinis.com.au](http://www.juliadendrinis.com.au)

Bookings are now available for Violin lessons at Hughes Primary!

Lessons available on Monday's during school hours.

Price: Individual lessons \$39/30min  
Instrument Hire is available

For bookings:  
ph: 02 6299 9154  
[fyshwick@canberramusictuition.com.au](mailto:fyshwick@canberramusictuition.com.au)  
[www.canberramusictuition.com.au](http://www.canberramusictuition.com.au)

Piano Teachers:

Emma Drew 0451 373 221

[emsmusic@yahoo.com](mailto:emsmusic@yahoo.com)

Katrina Rivera 0466 559 347

[katrinariverapiano@gmail.com](mailto:katrinariverapiano@gmail.com)

For mums social outings:

[Hughesps-mums@googlegroups.com](mailto:Hughesps-mums@googlegroups.com)

To join email [2emmadrew@gmail.com](mailto:2emmadrew@gmail.com)



## 2021 School Satisfaction & Climate Survey

Each year, the Directorate surveys all parents and carers, school staff and students in Years 4 to 12 about their experience of public education. The *2021 School Satisfaction & Climate Survey* will be available online from **13 August to 3 September**. The survey results will help us to continue to make quality informed decisions about how to improve our school. No personal identifying information will be provided to any school or college.

For each child in their family who attends an ACT public school, parents and carers will receive:

A letter about the **student survey** outlining the reasons for collection and privacy provision for the data; and


An email about the **parent survey**, including a unique link to access the survey. **Genuine survey invitation emails will have the title "The 2021 School Satisfaction & Climate Survey is now open!" and will be sent from EDU Surveys & Evaluation with 'from' address [EDU@qualtrics-survey.com](mailto:EDU@qualtrics-survey.com).**

If you do not receive the survey invitation, please check your Junk email folder; if it is not there, send your contact details to [EDUSurveysandEvaluation@act.gov.au](mailto:EDUSurveysandEvaluation@act.gov.au) to request a survey invitation. If you do not have an email listed with the school, please contact Sarah Harris, Deputy Principal on 61420730 or [sarah.harris@ed.act.edu.au](mailto:sarah.harris@ed.act.edu.au)

The Parents and Carers Survey will be available online in other languages: Arabic, Burmese, Chinese, Hindi, Korean, Urdu, Vietnamese, Punjabi, Bengali, Spanish and Telugu. Respondents can select their preferred language when they start the survey. A shortened paper-version of the Parents and Carers Survey is also available in the following 5 languages: Dari, Dinka, Farsi, Karen and Mon. These surveys are available at the Front Office.

For the results to reflect the opinions of our whole school community, we need as many parents and carers, staff and students as possible to complete the survey. Your feedback is important, and we hope you will take part.

For more information, visit: <https://www.education.act.gov.au/public-school-life/school-satisfaction-and-climate-survey>


 *Pied Piper Productions*

# Of Mice and Mozart

by Jill and Michael Gallina

**Director** Nina Stevenson    **Musical Director** Emma Zen


*"A short musical for the whole family"*



**18 - 24 September**  
Austrian Club  
Heard Street, Mawson

Sat 18th Sept	2pm
Mon 20th Sept	11am
Tues 21st Sept	11am
Wed 22nd Sept	11am
Thurs 23rd Sept	11am
Fri 24th Sept	11am

All tickets at the door - credit card or cash \$15  
[info@pied-piper.com.au](mailto:info@pied-piper.com.au) 0409823640  
[www.pied-piper.com.au](http://www.pied-piper.com.au)





www.flexischools.com.au

# ONLINE ORDERING



- Available 24/7
- Convenient for parents
- Removes paper orders and cash
- FREE registration

Online ordering is more convenient, providing a 24/7 payment and ordering system that can be accessed from home, work or a mobile device.

No more fumbling around for coins in the morning or sending kids to school with excess cash, online orders are faster and more accurate giving parents peace of mind that their order and payment is received accurately at the school.

Registration is free and only takes a few minutes.

## EASY, ONLINE REGISTRATION

- Go to [www.flexischools.com.au](http://www.flexischools.com.au)
- Click REGISTER
- Enter your email
- You will be emailed a link to an online form - follow the link
- Choose a username and password and complete the form
- Add each student and their class
- Top-up the account - VISA or Mastercard preferred.



Place lunch orders from your iPhone, iPad or mobile device!

For help call **1300 361 769**







# Healthy Kids Canteen Menu

## Hughes Primary School

Order online at [www.flexischools.com.au](http://www.flexischools.com.au)

term 3  
2021

### Sandwiches & wraps

Salad: Layers of cucumber, lettuce, tomato, grated carrot	\$4.50
Egg & Mayo: Egg, mayo, crunchy lettuce	\$4.50
Chicken & Salad: Chicken, tomato, carrot, lettuce, cucumber, mayo	\$5.50
Toasted cheese	\$4.00
<b>Extras:</b> cheese or chicken	extra \$1.00

*Gluten free available on request*

### Salad

Design your own salad	from \$4.70
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### Hot meals

Pasta Napolitana (with or without cheese. <i>Gluten free available on request</i> )	\$5.00
Beef Bolognese <i>Gluten free available on request</i>	\$5.00
Beef lasagna	\$5.50
Veggie lasagna	\$5.50
Stone baked pizza: Cheese or Ham & Pineapple	\$5.80
Crispy chicken burger	\$5.50
Beef burger	\$5.50
Chow Mein style chicken & rice	\$5.30
Sausage roll	\$4.50
Yummy drummies & potato gems	\$5.00

### Snacks

Watermelon tub	\$2.00
Koala Popcorn: lightly salted	\$2.50
Jelly & custard	\$1.80
Banana bread	\$1.80
Chocolate mousse cup	\$2.20
Homemade mini muffin	\$2.00
Homemade garlic bread	\$1.50

### Drinks

Water: 600ml	\$2.00
Juice (tropical, apple)	\$2.00
Moove flavoured milk (choc, strawberry): 250ml	\$2.50
Plain milk	\$2.00

### Frozen

Frozen juice cup (apple, blackcurrant)	\$2.00
Twisted frozen yoghurt	\$2.80