



Hughes Primary School acknowledges the Ngunnawal People, the traditional owners and custodians of this land.

Principal's Message

Welcome to our first newsletter for 2023. It has been beyond lovely to catch up with our students over the last fortnight and welcome many new families to our school community. Children have settled incredibly quickly into school routines.

Coming up in **Week 3 we have whole school photos and our 2023 information night.**

Photo schedule:

Preschool Owls: Tuesday 14th February

Preschool Butterflies: Thursday 16th February

Primary School: Thursday 16th February

The information night is a chance to spend time in your child's classroom. The session times for Wednesday 15th February are:

Years 1, 2, 5 & 6 5.30pm — 6.10pm

Years 3 & 4 6.20pm — 7.00pm

Preschool and Kindergarten held their information evenings last year. IEC classes will hold open classroom visits in Week 4.

We would love for you to connect with other parents at school and encourage you to come join the P&C. Our next **Hughes PS P&C Meeting and AGM is scheduled for next Monday 13 February from 7:30pm in our school library.** We warmly welcome all new parents and existing community members to attend the meeting. It is a fabulous opportunity to meet other community members and become part of a fantastic group of individuals. If you have any queries, please don't hesitate to send an email to the P&C email address hughespanc@gmail.com.

This newsletter also includes information regarding **two parent positions on our School Board.** If you are interested in nominating yourself for the 2 year role and have further questions, you are welcome to contact the school.

In terms of **lines of communication**, your best point of call is your child's classroom teacher

and if further support is required, Executive Teachers Kirsty Stewart (Kindergarten – Year 3) kirsty.stewart@ed.act.edu.au, James Ward (Years 4-6) james.ward@ed.act.edu.au, Deputy Principals Sarah Harris sarah.harris@ed.act.edu.au and Nicole Merchant nicole.merchant@ed.act.edu.au and myself nina.mccabe@ed.act.edu.au. **For a complete list of 2023 Teaching Staff, please see page 4.**

Our main communication tool is Seesaw (we frequently post notes and reminders through this platform so keep an eye out) and our school newsletter which will be emailed home every second Friday. Student absences can be sent to info_hughesps@ed.act.edu.au or via a response sent to the automated text sent each morning for any unexplained absences.

A lot happens in a school day and this question can be met with the response 'nothing'. **A positive way to encourage your child to reflect on their school day is to ask them to share two stars and a wish.** Two stars for two things they enjoyed or were highlights and a wish which is something they hope happens the next day. This models to children how the process of reflection works and teaches them that everyone has positives and things they wish could be better or different in the future. We encourage families to try two stars and a wish, keeping in mind it might take a few weeks to get into the groove of reflecting and sharing.

Two Stars and a Wish



I like...
I enjoyed...
I learned...
I used...
I wrote/said/read...
I'm proud of myself because...
I would like...
...was difficult.
I tried to use...
I would like help with.....

Principal:

Nina McCabe

Deputy Principal:

Sarah Harris

Nicole Merchant

Executive Teacher:

Kirsty Stewart

Executive Teacher:

James Ward

Business Manager:

Lauren Harwin

School Secretary:

Karen Stone-Tolcher

IEC Office:

Pansy Sung

Gaye Broad

P&C President:

Kate Diggle

Board Chairperson:

Tony Cox

Principal's Message continued

An important offering at Hughes PS are our lunchtime and recess clubs. These clubs are a fantastic opportunity for children to socialise with peers across the school in areas of shared interests. Clubs also help some students manage the unstructured nature of free play on the playground. Please see page 15 for the Term 1 clubs timetable.

Lots of paper notes have come home in school bags over the past fortnight. Please see remainder of newsletter for the notes that have been sent home in case you may have missed one.

A reminder that our designated disability parking is not to be used by families without a disability parking permit.

I look forward to the year ahead.

Warmest regards
Nina McCabe
Principal

A MESSAGE FROM THE P&C

The P&C is a great bunch of volunteer parents who aim to support the school community. The funds we raise for the school contribute to costs of the school readers and STEM resources for the school and preschool. In the past we have also helped fund things like the big spiderweb, the preschool all-weather clothing, the reconciliation garden, and the multi-sports court. This year our big-ticket item is helping the school raise funds for the COTA – Covered Outdoor Learning Area, to enable all-weather outdoor learning and play.

Here are some ways the P&C contribute and how you can get involved:

- The P&C can organised home-cooked meals or practical help for families going through a rough time. Just reach out and let us know if that's currently you or anyone you know in our school community.
- We are always looking for great fundraisers and can help get a fundraising idea you might have up and running.
- Keep watch throughout the year for our special events and fundraisers. We have the most amazingly supportive school community, and you can help by volunteering one-off at these events. The more the merrier!
- If you have an idea to contribute to the school that you would like the P&C to help support you can contact us. An example is the creation of the Hughes netball teams, by a group of interested parents. We now have 7 netball teams who play outside school hours. These teams help bring our community together and now actually raise money for the P&C too!

- We can get you added in your year groups WhatsApp group, if you aren't already. It's a great way to keep in touch with fellow parents about your school community, with discussions about homework, excursions, dress-up days and starting sports teams or meet ups at the park.
- If you have an item you would like the raised for discussion, please contact us and we can advise if it's appropriate for the P&C or the School Board and help you get your item on the agenda.
- Joining the P&C is a great way to other parents, learn updates about the school and make friends.

Everyone is always welcome at attend or contribute to P&C meetings, held at the school twice a term. Please follow us Facebook, join our WhatsApp Group by contacting Kate on 0402249023 or emailing hughespandc@gmail.com anytime.

Please remember that we are all volunteers who are juggling work, parenting and the general chaos that life brings. We are here to help our school, but none of us are perfect and nor do we aim to be.

Next P&C Meeting: Monday 13th February, 7:30pm

Our first P&C meeting for the year will be next Monday 13th February, 7:30pm. The first meeting of the year is a busy one, as positions on the P&C will be nominated and elected. Everyone is welcome to put their hand up on the night, so if there is a role you are interested in, please come along.

We already have a few items on the agenda for discussion, and some exciting fundraisers in the pipeline from last year.

If you can't attend the meeting, please join our mailing list at hughespandc@gmail.com for a copy of the minutes.

See you Monday!

WhatsApp Class Group Contacts for 2023:

Preschool: LJ -0406 488 810

Kindy: Tam – 0424 873 280

Year 1: Laura - 0403 326 805

Year 2: Catherine – 0414 242 151

Year 3: Courtney – 0413 808 215

Year 4: Kim – 0401 410 263

Year 5: Catherine - 0414 242 151

Year 6: Emma – 0451 373 221

P&C: Kate – 0402 249 023

2023 CLASSES

Preschool

Owls Susan Jones

Butterflies Susan Jones

Kindergarten

KC Leanne Cox

KM Belinda Mack

Year 1

1B Jessie Breen

1H Caitlin Hosking

1P Adam Porter

Year 2

2B Sally Baker

2G Gabbi Bannister

Year 3

3JB Serena James/Jodie Brown

3L Tegan Lorkovic

3W Bella Williams

Year 4

4K Joanne Kirchner

4W Mallory Williams

Year 5

5J James Wardle

5WB James Ward/Ash Blount

Year 6

6G Joshua Gurr

6P Sarah Paterson

LSUA

K-6B James Buik

IEC

IECC Diana Chu

IECF Peter Watson/Suzy Francis

IECR Smilja Rajak

IECS Michelle Standingford

Specialist Classes

Performing Arts Vanessa Valois

Japanese Megumi Richardson

LA/EALD Kirsty Stewart

Psychologist Rebecca Wood

PE Ash Blount

Executive Staff

Principal Nina McCabe

Deputy Principal Sarah Harris

Deputy Principal Nicole Merchant

Executive Teacher (P-2) Kirsty Stewart

Executive Teacher (3-6) James Ward

Business Manager Lauren Harwin

School Secretary Karen Stone-Tolcher

IEC Admin Officer Gaye Broad

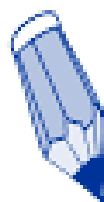
Two P&C representative positions will become available for the school board in 2023.

Please give some thought to nominating to fill these positions as the school board plays a very important role in the running of our wonderful school.

Nominations will open from Monday 6 February 2023

Forms available from the front office or via email

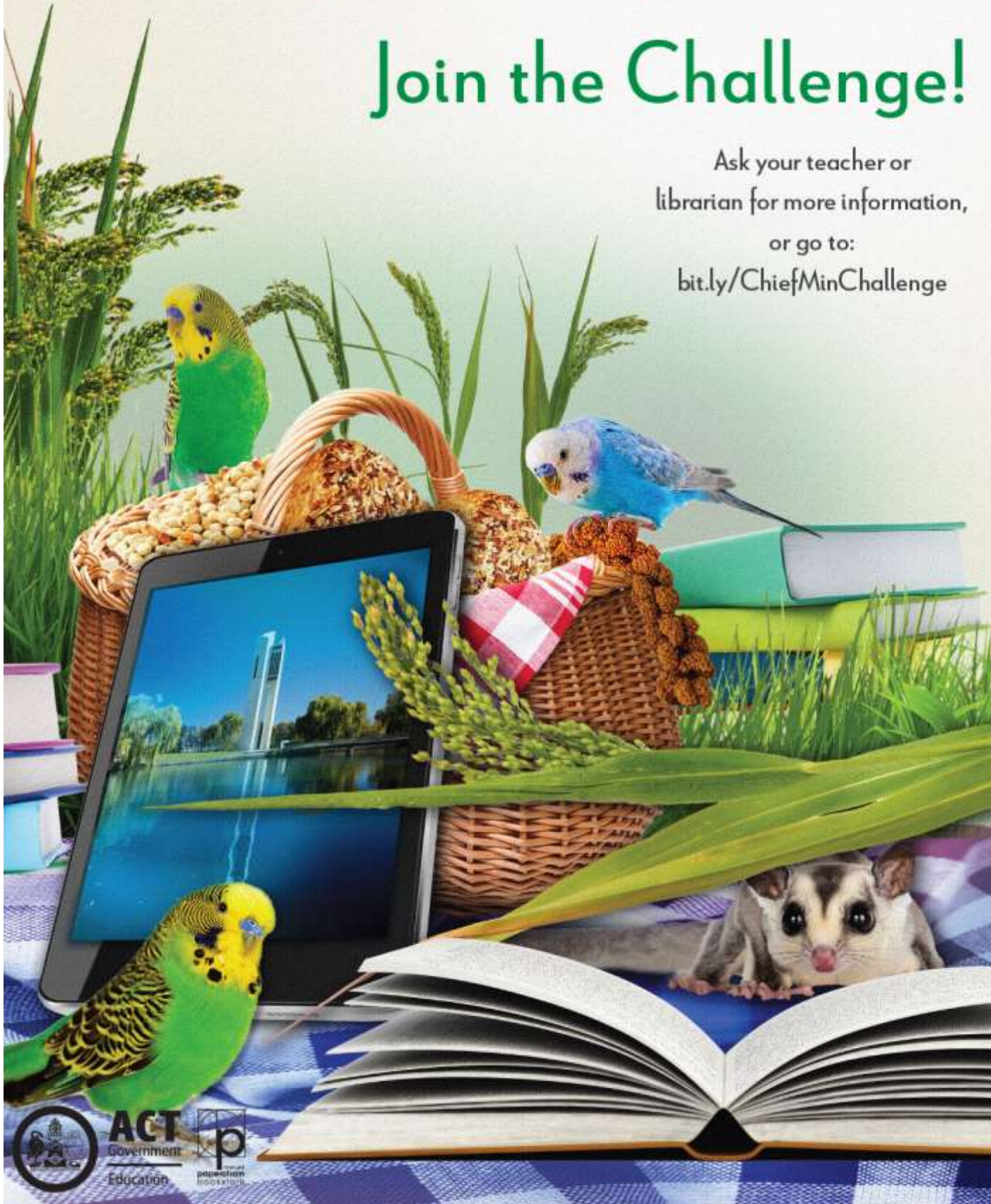
info_hughesps@ed.act.edu.au



Chief Minister's Reading Challenge 2023

Join the Challenge!

Ask your teacher or
librarian for more information,
or go to:
bit.ly/ChiefMinChallenge





Hughes Primary School

2023 Parent Information Night

Welcome to the 2023 School Year! We hope that you can join us for our Parent Information Night on **Wednesday 15th February** where we will outline Teaching and Learning Programs for 2023.

Agenda

Session	Time	Location
Years 1, 2, 5 & 6 1B Jessie Breen, 1H Caitlin Hosking, 1P Adam Porter 2B Sally Baker, 2G Gabbi Bannister 5J James Wardle, 5WB James Ward/Ash Blount 6G Josh Gurr, 6P Sarah Paterson	5.30pm — 6.10pm ───────────────────▶ ───────────────────▶ ───────────────────▶ ───────────────────▶	See below: In 1P classroom In 2B classroom In 5WB classroom In 6G classroom
Years 3 & 4 3JB Serena James/Jodie Brown, 3L Tegan Lorkovic, 3W Bella Williams 4K Joanne Kirchner, 4W Mallory Williams	6.20pm — 7.00pm ───────────────────▶ ───────────────────▶	See below: In 3W classroom In 4W classroom

Preschool and Kindergarten held their information nights late last year.

All teachers have sent home 'Getting to Know Your Child' questionnaires. Please take the time to complete and return this valuable correspondence. **We will hold formal 'Student Progress' interviews in Weeks 9 & 10 (Monday 27th March — Thursday 6th April) of this term.** Further information will be sent home closer to the date. Semester 1 overviews will be given out on **Wednesday 15th February** during the information night. If you are unable to attend, please let your child's class teacher know. Presentations will be live but copies of presentations can be emailed home if you are unable to make it to the parent information night.

Nina McCabe
Principal



Hughes Primary School

Learning for Life



Groom Street Hughes ACT 2605
Telephone: 02 6142 0730
E-mail: info_hughesps@ed.act.edu.au
Website: <http://www.hughesps.act.edu.au>

Dear Parents & Carers,

*In order to assist us in providing quality teaching and learning experiences for your child, we ask that you complete this questionnaire and return it to your **child's class teacher by Monday 13 February.***

Child's Name: **Child's Class:**

What is the best email contact for me to use to contact you?

.....

Screening/Interventions/Medical History:

Optometrist Y/N Year Behavioural Optometrist Y/N Year

Wears glasses Y/N Speech Pathologist Y/N Year

Occupational Therapist Y/N Year Hearing Y/N Year

Other

Does your child have a medical condition? Please include medication details.

.....
.....
.....

Strengths and Interests:

What are your child's strongest academic areas?

.....
.....
.....

What are your child's special interests?

.....
.....
.....

In what area/s does your child need additional support?

.....
.....
.....

Please see over

What is your child's attitude to reading at home/homework?

.....
.....
.....

Social:

How does your child get along with their family, friends and classmates?

.....
.....
.....

Emotional:

Name things that make your child very:

Happy:

Sad:

Angry:

Does your child have a fear of anything which could relate to school?

.....
.....

Goals:

What goals do you have for your child this year?

.....
.....
.....
.....
.....

Additional Information:

Is there any other information that we need to know about your child?
(eg. family, cultural, religious, dietary, After School Care days, etc)

.....
.....
.....
.....
.....
.....

Does your child have access to the Internet at home? **Yes / No**

Thank you for completing this questionnaire.



Hughes Primary School

Learning for Life

Groom Street Hughes ACT 2605
 Telephone: 02 6142 0730
 E-mail: info_hughesps@ed.act.edu.au
 Website: <http://www.hughesps.act.edu.au>



School Choir

To Parents/Carers,

The school choir is starting up again in week two. This year the choir will be split into Junior and Senior choirs who will then combine on occasion to form a whole school choir.

The Junior choir (Kindergarten to Year 2) led by Emma Drew will commence on **Friday 10th February**. The Senior choir led by Vanessa Valois (Years 3 to 6) will begin on **Wednesday 8th February**. Both choirs will rehearse in the Performing Arts Room in the Franklin building. The choirs welcome any child that enjoys singing!

Junior Choir	Senior Choir
Who: Kindergarten to Year 2	Who: Years 3 to 6
When: Friday mornings, 8:30am – 8:55am	When: Wednesday mornings, 8:30am – 8:55am
Where: Performing Arts Room, Franklin building	Where: The Performing Arts Room, Franklin building

Please fill in the form below and return it to the front office.

Nina McCabe, Vanessa Valois and Emma Drew

PERMISSION NOTE TO PARTICIPATE IN THE HUGHES SCHOOL CHOIR 2023

I give permission for my child/ren

..... of class

..... of class

..... of class

to participate in the Hughes Primary School choir and to attend rehearsals on Wednesday or Friday mornings from 8:30am – 8:55am.

Signed: Please print name:



Hughes Primary School

Learning for Life



Groom Street Hughes ACT 2605
Telephone: 02 6142 0730
E-mail: info_hughesps@ed.act.edu.au
Website: <http://www.hughesps.act.edu.au>

Voluntary Contributions 2023

Dear Parents/Carers,

Our school has a highly engaged community and as such we have always enjoyed the support of our parents and carers. As you are aware, public schools receive funding from the ACT Education Directorate. To supplement this funding, schools also seek a voluntary contribution from families each year. We receive further support through the generosity of the school community in their contribution to P&C fundraisers.

At Hughes Primary School the voluntary contribution may be made directly to the school or paid into a Library Trust Fund or a Building Trust Fund. Donations to both the Library Trust fund and the Building Trust fund are tax deductible (see notes attached). You may like to split your donation or add an extra dedicated amount. The amount of the contribution is reviewed and set by the School Board each year.

This year the family contributions have remained the same as previous years:

- For individual students, the 2023 suggested contribution is \$165.
\$75 for each additional child.
- Some families may opt to make a smaller contribution that better suits their family budget.

This year, we hope to use voluntary contributions to further expand our collection of engaging student materials to support the Australian English, Mathematics, Arts, HASS (Humanities and Social Sciences), Science, Health and PE curriculum areas.

Contributions to the Library Trust Fund will be used to purchase library resources, specifically the ongoing replenishment of our fiction and non-fiction library collection.

If you would like further information, or would like to discuss this, please do not hesitate to contact us.

We are most grateful for your support.

Yours sincerely,

Nina McCabe
Principal
February 2023

Please see payment details overleaf.

- * under section 27 of the Education Act 2004, the following principles apply in relation to financial contributions:
- each contribution is voluntary
- a child at the school is not refused benefits or services because the child's parent does not make a contribution
- a child is not approached or harassed for contributions
- any record of contributions is confidential.

Annual Voluntary Contribution

Family Name: _____ Class(es): _____
 Student(s) Name : _____

One student - \$165.00 (plus \$75.00 for each additional student): **TOTAL** \$ _____

Please place in a well-sealed envelope with your child's name and class.

Payment by: Cash
 Credit Card see below OR phone Front Office EFTPOS at Front Office.
 QuickWeb <http://www.hughesps.act.edu.au/payment> – please use Fee Code **VC23**

For Credit Card Use Only:

The amount may be debited to your Mastercard/Visa account by completing the authority form below: (Your card is not required, but please check that all boxes are completed)

Mastercard Visa Expiry Date ____/____

Card Number

Printed name on card: _____

Cardholder's Signature _____



Hughes Primary School

Learning for Life



Groom Street Hughes ACT 2605
Telephone: 02 6142 0730
E-mail: info_hughesps@ed.act.edu.au
Website: <http://www.hughesps.act.edu.au>

Hughes Primary School Library Trust Fund 2023

Dear Parents/Carers,

Hughes Primary School has established a Library Trust Fund to which tax deductible donations may be made. All money donated to the fund is used to buy books and equipment for the School Library. The Library provides a service available to every student and teacher in the school.

**The suggested donation is \$50 per family and is voluntary.
All donations to the Library Trust Fund of \$2 or more are fully tax deductible.**

Hughes Primary School Tax Deductible Library Trust Fund

Please issue a receipt for tax purposes in the name of
for the amount of \$..... and return the receipt via email

Please place in a well-sealed envelope with your child's name and class.

Payment by: Cash
 Credit Card see below OR phone Front Office EFTPOS at Front Office
 QuickWeb <http://www.hughesps.act.edu.au/payment> – please use Fee Code **LTF23**

For Credit Card Use Only:

The amount may be debited to your Mastercard/Visa account by completing the authority form below: (Your card is not required, but please check that all boxes are completed)

Mastercard Visa Expiry Date ____/____

Card Number

Printed name on card: _____

Cardholder's Signature _____



Hughes Primary School

Learning for Life



Groom Street Hughes ACT 2605
Telephone: 02 6142 0730
E-mail: info_hughesps@ed.act.edu.au
Website: <http://www.hughesps.act.edu.au>

Building Trust Fund

Dear Parents/Carers,

If you or a member of your family would like to help support our school, you can do so by making a tax deductible donation to the Hughes Primary School Building Trust Fund.

All donations made are tax deductible.

Hughes Primary School has a long tradition of incredible community support and engagement. The Building Trust Fund is an opportunity to further enhance the physical learning environment of our wonderful school.

Anyone can contribute to our School Building Trust Fund. Donations from grandparents, other family or friends, and local businesses are most welcome. Any donation you can make will be greatly appreciated.

Warm regards,

Nina McCabe
Principal

Please see payment details overleaf.

Hughes Primary School Tax Deductible Building Trust Fund

Please indicate amount:

\$50 \$250 \$550 Other \$.....

Full name of Parent/Guardian (please print):

Signature of Parent/Guardian:

Email address (for receipting purposes):

Date:

Student Name:

Class:

Payment by: Cash

Credit Card see below OR phone Front Office EFTPOS at Front Office.

QuickWeb <http://www.hughesps.act.edu.au/payment> – please use Fee Code **BTF**

For Credit Card Use Only:

The amount may be debited to your Mastercard/Visa account by completing the authority form below: (Your card is not required, but please check that all boxes are completed)

Mastercard Visa Expiry Date ____/____













Card Number

Printed name on card: _____

Cardholder's Signature _____

The Hughes Primary School Board thank you for your valuable support

CLUBS

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch 11.15-11.45	Vanessa: Karaoke Club E Performing Arts Room 	Sally: Lego Club J 2B Classroom 	Mallory & Caitlin: Sustainability Club E 1H Classroom 	Leanne: Bimberi Cooperative Games J KC Classroom 	Serena: Just Dance Club S 
Recess 1.25-1.55	Kirsty: Gardening Club E  Kerry: Drawing Club and Library E 	Sarah H: Bimberi Coding Club and Library J 	Megumi: Origami and Library E 	Ash: Pokémon Club and Library E 	Kirsty: Gardening Club E  Sarah H: Franklin Coding Club and Library S 

E = everyone **J = Junior** **S = Senior**







Could \$500 help with next year's back to school costs?

Learn tips and tricks to grow your budget and saving skills. Save for 10 months. Get up to \$500 of matched savings for school expenses. Just in time for 2024.

Must meet all eligibility criteria:



-  Have a current Health Care or Pensioner Concession Card AND an eligible Centrelink payment*
-  Be studying yourself OR have a child in school (can be starting school next year)
-  Have regular income from work (either yourself or your partner)*
-  Be 18+ years old

*Many types of income and Centrelink payments are eligible



**For more info, visit saverplus.org.au or call 1300 610 355.
To fill in an online enquiry form, [CLICK HERE](#).**

**IS ENGLISH YOUR SECOND LANGUAGE?
COME TO OUR ENGLISH
CONVERSATION CLASSES
MONDAYS 10AM - 12PM**

**RUNS
DURING
SCHOOL
TERMS**



**COMMUNITY
SERVICES #1**
enable • enhance • enrich

**FOR MORE INFORMATION CALL
EMMA: 0408 739 020 OR EMAIL:
WELLBEING@COMMUNITYSERVICES1.ORG
63 BOOLIMBA CRESCENT, NARRABUNDAH**

Parent & Carer eSafety Webinars - 2023

All parents and carers of an ACT public school student are invited to attend an eSafety information session designed to develop their knowledge and skills in supporting their child with digital technologies. This webinar will look at understanding the current eSafety issues children and young people are experiencing, how to support your child to be safe online, resources for preventing and responding to online issues, and where to go for further support.

Families are invited to attend one or more of the following sessions held online from 6.00-7.00pm:

	Primary	Secondary
Term 1	21/2 or 23/3	23/2 or 21/3
Term 2	9/5 or 8/6	11/5 or 6/6
Term 3	1/8 or 31/8	3/8 or 29/8
Term 4	17/10, 14/11 or 16/11	19/10, 14/11 or 16/11



bit.ly/3TyRaZx

Scan the QR Code or type in the address for more information and to register for one or more parent and carer eSafety webinars.





GSharp
GUITAR TUITION

GUITAR TUITION AT SCHOOL

Gianni Kerswell

M 0421 154 562

E gsharpguitar@hotmail.com

GSharp Guitar tutors have
current WVP cards for
the ACT and are
police checked.



FREE TENNIS OPEN DAY



**SATURDAY 11TH FEBRUARY 2023
1:00 - 3:00 PM**

WESTON CREEK TENNIS CLUB
DILLON CLOSE, WESTON CREEK

ALL NEW JUNIOR STUDENTS RECEIVE A FREE RACQUET AND DRINK BOTTLE

FREE ADULT AND JUNIOR CLINICS

SUITS ALL KIDS AGED 3+

TRY THE LATEST TENNIS AUSTRALIA PROGRAMS INCLUDING HOT SHOTS FOR KIDS AND CARDIO TENNIS FOR ADULTS

ALL NEW JUNIOR STUDENTS WHO ENROL IN TERM 1 2023 WILL RECEIVE A FREE RACQUET & T-SHIRT

Bookings Essential
Email info@csot.com.au
Call 0408 486 191
Tennis Australia Qualified Coaches

"With over 30 years of coaching experience ...Tennis, the game for life"



For more info please see www.csot.com.au



JOIN THE FUN!

CANBERRA GIRLS ONLY AUSKICK CENTRE

Every Monday starting 20th Feb (excluding Canberra day) for 4x sessions @ Phillip Oval!

Each child will receive: Auskick Drawstring Bag, GWS GIANTS Cape, Pencil Case, Fidget Spinner, Footy Cards, Footy Pump, AFL Auskick Football for \$50!

Note: participant will receive \$50 registration voucher if they choose to sign up for club Auskick in 2023 after this program!

Register Now!

To register, visit [Playhq.com](https://playhq.com) and enter 'Canberra (Girls Only) Auskick' then click Register OR Scan the QR Code

To receive FREE tickets to GWS GIANTS home games, make sure you select YES to become a GIANT'S RECRUIT!



play.afl/auskick



For more information contact: Jessica Connor on 0417 559 190 or Email: Jessica.connor@afl.com.au



If your little one loves to swim and wants to be in a team sport, they should try Water Polo.

Canberra Water Polo Academy runs Canberra Schools Comp in Term 1 and Term 4. Curtin Primary School has previously participated in these competitions and wants to expand their team.

We are looking to create both Years 3/4 and Years 5/6 Curtin/Hughes/Yarralumla teams. The only requirement is that the children are strong swimmers.

If you have any questions about Water Polo or would like to join the team, please contact Olivia on 0404 887 271.

Term 1, 2023 Competition

Location: CISAC Belconnen

Day: Friday

Time: 6.00pm – 8.30pm

Dates: February 17, 24, March 3, 10, 17, 24, 31 2023

Cost: \$140 per player (does not include pool entry)

Grades: Years 3/4 & Years 5/6

ENROL NOW - <https://canberra-water-polo-academy.class4kids.club/info/37>



Wild Child Yoga

**Term 1 classes start
Tuesday 14 February
4:45-5:30pm**

**Introductory Offer
8 weeks for \$80
Book now**

\$15 casual class option available

Yoga supports a healthy body, calm mind and happy heart. Classes encourage children to form connections, build confidence and feel more courageous.

✉ info@wildcanberra.com.au

☎ 0435 163 722

📍 25 Dundas Ct Phillip ACT

wildSTUDIO

www.flexischools.com.au

ONLINE ORDERING



- Available 24/7
- Convenient for parents
- Removes paper orders and cash
- FREE registration

Online ordering is more convenient, providing a 24/7 payment and ordering system that can be accessed from home, work or a mobile device.

No more fumbling around for coins in the morning or sending kids to school with excess cash, online orders are faster and more accurate giving parents peace of mind that their order and payment is received accurately at the school.

Registration is free and only takes a few minutes.

EASY, ONLINE REGISTRATION

- Go to www.flexischools.com.au
- Click REGISTER
- Enter your email
- You will be emailed a link to an online form - follow the link
- Choose a username and password and complete the form
- Add each student and their class
- Top-up the account - VISA or Mastercard preferred.



Place lunch orders from your iPhone, iPad or mobile device!

For help call 1300 361 769





Healthy Kids Canteen Menu

Hughes Primary School

Order online at www.flexischools.com.au

term 1
2023

Sandwiches & wraps

Salad:	\$5.00
Layers of cucumber, lettuce, tomato, grated carrot	
Egg & Mayo:	\$5.00
Egg, mayo, crunchy lettuce	
Chicken & Salad:	\$6.00
Chicken, tomato, carrot, lettuce, cucumber, mayo	
Toasted cheese	\$4.00
Extras:	
Cheese	extra \$1.00
Chicken	extra \$1.50

Gluten free available on request

Salad

Design your own salad	from \$5.00
-----------------------	-------------

Hot meals

Crunchy mac & cheese	\$5.50
Nacho dippers	\$6.00
Pasta Bolognaise	\$6.50
Pasta Napolitana	\$5.50
Sausage roll	\$5.50
Crispy chicken burger wrap	\$6.00
Chicken nuggets	\$6.00

Snacks

Jelly	\$2.00
Banana bread	\$2.00
Chocolate mousse cup	\$2.00
Homemade mini muffin	\$2.00
Homemade cheesy garlic bread	\$2.50
Milo cookie	\$1.00
Popcorn	\$1.00

Drinks

Water: 600ml	\$2.00
Juice (tropical, apple)	\$2.20
Moove flavoured milk (choc, strawberry): 250ml	\$3.50
Plain milk	\$2.00

Frozen

Frozen juice cup (apple, blackcurrant)	\$2.00
Twisted frozen yoghurt	\$3.00